

2023 心肺復健國際研討會
2023 International Symposium of Cardiopulmonary Rehabilitation
(暨台灣心肺復健醫學會 2023 第四季心肺復健學術研討會)

日期：2023 年 10 月 21~22 日

Date: 21-22 Oct. 2023

地點：福華國際文教會館 前瞻廳 (臺北市新生南路 3 段 30 號 1F)

Place: 1F Conference Room, Howard Civil Service International House (No.30, Sec. 3, Xincheng S. Rd., Da'an Dist., Taipei City 10660, Taiwan)

主辦單位：台灣復健醫學會、財團法人台北市連倚南教授復健醫學教育基金會

Hosted by Taiwan Academy of Physical Medicine and Rehabilitation、Lien I-Nan Foundation for Promotion of Education and Research in Rehabilitation Medicine

合辦單位：台灣心肺復健醫學會、臺灣大學醫學院附設醫院復健部

Co-organized by Taiwan Academy of Cardiovascular and Pulmonary Rehabilitation (TACVPR)、Department of Physical Medicine and Rehabilitation, National Taiwan University Hospital

報名方式 **How to register**：

自即日起至 2023 年 10 月 14 日止，請至 <https://forms.gle/bmMDzKa7vDN319N16> 填寫報名表。活動當天現場報名者，加收 500 元；2023 年 10 月 15 日以後取消報名者，酌收行政處理費 500 元。

報名費 **Registry Fee**：

主治醫師：新臺幣 4,000 元；非主治醫師：新臺幣 2,000 元。

優惠報名費 1：新臺幣 3,000 元 (台灣復健醫學會及台灣心肺復健醫學會之會員專屬優惠)。

優惠報名費 2：新臺幣 2,000 元 (2022 年或 2023 年捐款予連倚南教授復健醫學教育基金會達 5,000 元以上之捐款人專屬優惠)。

Registry Fee of Non-Taiwanese participants: USD 250。

繳款方式 **Payment Account & Method**：

戶名：財團法人台北市連倚南教授復健醫學教育基金會

帳號：1346-717-032745 合作金庫銀行(006) 台大分行

※以 ATM 或網路轉帳繳款者請務必註明帳號後 5 碼以供核對。

Bank Name: Taiwan cooperative Bank, Tai-Da Branch (SWIFT ADD: TACBTWTP)

Add: B1, No.7, Chung-Shan South Road, Taipei, R.O.C.

Favoring: Lien I-Nan Foundation for Promotion of Education and Research in Rehabilitation Medicine

Account No: 1346717032745

聯絡方式 **Contact**：

Phone: +886 2 2312-3456 ext: 66405 ; **Email:** lien67319@gmail.com

Website: <https://lien.foundation/>

積分申請：台灣復健醫學會、台灣心肺復健醫學會、臺灣物理治療學會、臺灣職能治療學會、繼續教育護產積分、公務人員繼續教育積分。

2023 International Symposium of Cardiopulmonary Rehabilitation
2023 年心肺復健國際研討會

會議流程 Agenda (Day1)
Oct. 21, 2023 (Saturday)

Time	Topic	Speaker	Chair
13:00-14:00	Registration		
14:00-14:10	Opening remarks	李紹誠理事長 Dr. Shao-Chen Lee & 王亭貴董事長 Prof. Tyng-Guey Wang	
14:10-14:50	Current Policies and related Issues in eHealth medicine and Telerehabilitation in Taiwan	石崇良署長 Dr. Chung-Liang Shih	周偉倪教授 Prof. Willy Chou
14:50-15:30	Optimal Delivery of Cardiac Rehabilitation: Current Trends and Future Directions	Prof. Randal J. Thomas	周正亮醫師 Dr. Chen-Liang Chou
15:30-15:40	Panel discussion		
15:40-16:00	Coffee break		
16:00-16:40	Cardiac rehabilitation based on EIM (Exercise Is Medicine) and ICT (information and communications technology)	Prof. Yutaka Kimura	陳思遠主任 Dr. Ssu-Yuan Chen
16:40-17:20	Landmark Studies in Cardiac Rehabilitation: What can we learn from the past that can help us in the future?	Prof. Randal J. Thomas	周正亮醫師 Dr. Chen-Liang Chou
17:20-17:30	Panel discussion		

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會議流程(續) Agenda(Day2)

Oct. 22, 2023 (Sunday)

Time	Topic	Speaker	Chair
08:30-09:00	Registration		
09:00-09:40	HF-PAC: A multidisciplinary integrated care program after the hospitalization for heart failure	李啓明教授 Prof. Chi-Ming Lee	陳世明醫師 Dr. Shyh-Ming Chen
09:40-10:20	The Effectiveness of a Nurse-Led Home-based Heart Failure Self-management programme (HOM-HEMP) for Patients with Chronic Heart Failure	Prof. Wenru Wang	林克隆教授 Prof. Ko-Lung Lin
10:20-10:30	Panel discussion		
10:30-10:50	Coffee break		
10:50-11:30	The network of cardiac rehabilitation from hospital to exercise institute	Prof. Yutaka Kimura	陳思遠主任 Dr. Ssu-Yuan Chen
11:30-12:10	Telerehabilitation for cardiorespiratory disease: is the evidence ready for implementation?	Prof. Anne E. Holland	程遠揚主任 Dr. Yuan-Yang Cheng
12:10-12:20	Panel discussion		
12:20-13:20	Lunch break		
13:20-13:50	Sharing experiences of utilizing telerehabilitation with wearable devices for the purpose of cardiopulmonary rehabilitation	蔣尚霖主任 Dr. Shang-Lin Chiang	陳嘉忻教授 Prof. Chia-Hsin Chen
13:50-14:30	Successful implementation of telerehabilitation: what is required and which patient for which model?	Prof. Anne E. Holland	程遠揚主任 Dr. Yuan-Yang Cheng
14:30-14:40	Panel discussion		
14:40-15:00	Coffee break		
15:00-15:40	Development and Evaluation of an Integrated-Cardiac Rehabilitation Employing Smartphone Technology (I-CREST) system.	Prof. Wenru Wang	林克隆教授 Prof. Ko-Lung Lin
15:40-16:10	The Experience of National Taiwan University Hospital with Smartphone-Assisted Home-Based Cardiopulmonary Rehabilitation and Tele-Rehabilitation with Remote Monitoring	莊弘叡醫師 Dr. Hung-Jui Chuang	傅鐵城主任 Dr. Tieh-Cheng Fu
16:10-16:20	Panel discussion		
16:20-16:30	Closing remarks	李紹誠理事長 Dr. Shao-Chen Lee & 王亭貴董事長 Prof. Tyng-Guey Wang	

講者簡介 Speaker (order by appearance) :

Chung-Liang Shih 石崇良, MD, PhD

Director General, National Health Insurance Administration, Ministry of Health and Welfare,
Taiwan 衛生福利部中央健康保險署署長

Randal J. Thomas MD

Professor of Medicine - Mayo Clinic College of Medicine and Science, USA
Consultant - Division of Preventive Cardiology, Department of Cardiovascular Medicine, Mayo
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Wenru Wang 王文茹, BScMed, MScN, PhD, RN, FAAN

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Anne E. Holland, PhD, FThorSoc

Professor of Physiotherapy, Monash University and Alfred Health, Australia
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主持人簡介 Moderator (order by appearance) :

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Superintendent, Chi Mei Hospital, Chiali, Taiwan 佳里奇美醫院院長
Clinical Professor of National Defense University, Taiwan 國防醫學大學教授

Chen-Liang Chou 周正亮, MD

Superintendent of Hwan Young hospital & Dazan hospital, Taoyuan District, Taiwan
Executive Director of Rehabilitation Division, Chon-inn Medical Group, Taiwan
中英醫療體系之復健事業部執行長，華揚醫院及德仁醫院之桃園區執行院長

Ssu-Yuan Chen 陳思遠, MD, PhD

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Yuan-Yang Cheng 程遠揚, MD, PhD

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交通方式 Transportation

地點(Place) 福華國際文教會館 前瞻廳 (臺北市新生南路3段30號1F)

1F Conference Room, Howard Civil Service International House

(No.30, Sec. 3, Xincheng S. Rd., Da'an Dist., Taipei City 10660, Taiwan)

捷運(MRT) 自捷運台電大樓站2號出口，出站左轉沿辛亥路步行約10~15分鐘至辛亥路新生南路口左轉，即達福華國際文教會館。

Please take the MRT from Taipei main station(R10) to Chiang Kai-shek Memorial Hall (R08/G10), and change to Green line (Songshan-Xindan line) from G10 to G08 (Taipower Building). Take the Exit 2, turn left and walk about 800 meters (10~15 minutes) to reach the intersection of Sinhai Road and Sinsheng S. Road, then turn left to arrive at Howard Civil Service International House.

公車(Bus)

- 龍安國小- 52,253,280,284,290,311,505,907,0 南,指南 1
- 大安森林公園- 3,15,18,52,72,74,211,235,237,278,295,626
- 和平新生路口- 253,280,290,311,505,642,0 南,指南 1,指南 5
- 溫州街口- 3,15,18,74,235,237,254,278,295,907,291,672
- 公務人力發展學院- 52,253,280,284,290,291,311,505,642,907,0 南,指南 1

自行開車(Driving Route)

- 中山高：下圓山交流道接建國高架→和平東路出口右轉→左轉至新生南路→右轉至辛亥路→會館地下停車場。
- 北二高：下木柵交流道→辛亥路過地下道直行→建國南路左轉辛亥路行駛平面車道→過新生南路交叉口→會館地下停車場

地圖：<https://tinyurl.com/5yrpsxmp>

